

INTERESTED IN SLOW LOOKING?

At the Eskenazi Museum we use a technique called See, Think, Wonder developed by Harvard scholars to facilitate slow looking. The idea is that these words call to mind questions that can help you slow down, take a second, and really engage with a work of art.

To begin, pick any work of art on display. Spend at least 10 minutes (yes, 10 minutes!) looking at this work of art and following along with the prompts below.

Getting Started

Some tips to help you along your way:

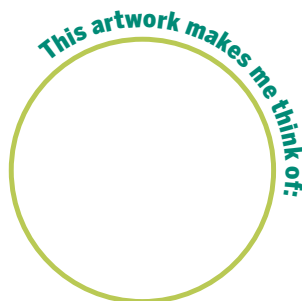
- Take a deep breath. Enjoying art is easy.
- When you begin, be sure to let your eyes linger on the artwork and look longer than you normally would. This may be uncomfortable, but the more you look, the more you see.
- Don't be afraid to share! This experience is designed to help you get the most out of your interactions with art. Say your thoughts, share your experiences, and, most important, enjoy yourself!

SEE

Using vivid detail, describe this work of art as if you were telling someone about it over the phone. What shapes are there in this artwork? What colors? **In the box, list at least ten phrases or words that describe what you are looking at or feel free to sketch what you SEE:**

THINK

Based on what you see, what thoughts come to mind? Does this work of art remind you of any personal experiences? **Using the circles, write what this work of art makes you THINK:**



WONDER

What does this work of art make you curious about? Do you have any questions about this artwork? What would you ask this work of art? What would you ask the artist who made it? **Share a memory that this artwork evokes:**
